

SCHOOL NEWSLETTER

Principal: Deanie Nicholls

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18 October 2022

Term 4 - Week 2

28/10 K-2 Enrichment Day

21/11 – 2/12 Intensive Swimming

8/12 End of year assembly

12/12 Principals Big Day Out

12/12 Year 6 Dinner

16/12 Students Last Day

From the Principal's desk

Giinagay; welcome to week 2.

Parent Tell Them From Me Survey (TTFM) — We look for feedback every year and often do not receive a large number of responses. Please be aware that school decisions are often based on the feedback received from these surveys. For example, last term we requested feedback over a number of weeks on the school reporting system. As a result, the reporting process will return to a 2-report process. These will be distributed at the end of terms 2 and 4. Parents indicated that the 4-report process of receiving a report every term was not valued or found to be beneficial. We thank the parents who responded to this survey. We now ask that as many parents as possible respond to the TTFM survey. Follow this link and complete the questions. It is all anonymous and your input is both appreciated and valued. Link: http://nsw.tellthemfromme.com/stv3b

Vandalism: Over the Weekend a child was seen running on the roof of the school. This is extremely dangerous behaviour, and I am asking that anyone who sees this behaviour, to please notify the local police immediately. In

addition, over the weekend, our wonderful artwork under the COLA has been irreparably damaged and will need to be totally replaced. This is a cost in excess of \$4000. If anyone has any information regarding this damage or the identity of the student on the roof, this would be greatly appreciated, and this information will be provided to the police. Please be assured that none of our NGPS little people are involved however they are very upset that people come into their school and damage things here.

Congratulations – We received fabulous news today that Mrs Morley has been made permanent as a classroom teacher at Nana Glen Public School. We are very pleased that she has accepted this position. Congratulations Mrs Morley. Also, a big Happy Birthday to Mrs Davey who celebrated a big O birthday today.



Kindergarten Orientation – The last two days of Kindergarten Orientation are tomorrow and next Wednesday. An email was sent today as a reminder and we are looking forward to seeing our 2023 students again.

Have a great week,

Deanie Nicholls

Principal

Attendance Bear

K – 96.2%	1- 94.4%	2- 92.9%	3 - 96.6%	4/5 – 89.1%	5/6 – 97.6%

Congratulations to **Year 5/6** who have Betsy for the week and **Year 3 who** have Bear. We look forward to seeing attendance levels return to their high levels now that we are mostly over the flu season.

Raffle

Just a reminder for students to remember to bring their tickets back for the end of year raffle. The more tickets you sell the more entries you will receive to go into the draw to win a fabulous bike. If you would like to donate to our raffle, please bring in these items to the office. There are some amazing prizes to be won as shown in the picture below. If you would like more raffle tickets, please come to the office.



Book Club

The **Gift Function** enables you to tag **Book Club** orders on **LOOP** that are intended as a surprise gift. This feature can be used throughout the year, providing your **Book Club Organiser** has enabled the gift function for your school. **LOOP** orders tagged as a gift will be delivered to school and marked accordingly, for the **Book Club Organiser** to set aside at the school office for you to collect.

How to use the **Gift Function** on **Book Club LOOP** scholastic.com.au/LOOP

Follow these easy steps!

- 1 LOG-IN
- 2 Select the ORDER tab
- 3 Select your ISSUE
- 4 Check the box GIFT ORDER

 NOTE: ALL ITEMS ON THIS ORDER WILL
 BE MARKED AS A GIFT.



- 5 Enter the book number shown on the Catalogue
- 6 Select NEXT to finalise your order PLEASE NOTE, THE ITEMS DO NOT COME GIFT WRAPPED.

For books that can be delivered directly to your child, please submit a separate order.



₩SCHOLASTIC

What's Happening in Kindergarten & Our Support Class

What a wonderful and exciting start we have had to term 4. We have been busy in week 1 with our learning which has seen us learn our new sound 'oa' as well as learning to tell the time with o'clock'. This week has also seen us start our swimming on Friday, which was a huge success and all students being placed into a group which will make it easier for next week's lessons.

During term 4 Kindergarten and the Support Class are completing cooperative play for half an hour on Friday afternoons. This supports our key learning areas of English, with speaking and listening and PDHPE, supporting healthy relationships by using interpersonal skills to effectively interact with others. All students had so much fun, engaging with the play kitchen, the doll house and of course the trainset is always a hit. We look forward to next Friday where we have some sensory play and learning to draw activities planned.













Class Awards

K	Details of Award	1	Details of Award
Lewis S	Sharing his thinking and strategies in Mathematics.	Maddi C	Fantastic effort across all KLA's
Lilly M	Using feedback to improve her work.	Sunnie K	Being a kind friend to all students.

2	Details of Award	3	Details of Award
Jax M	Reaching his latest Lexia goals	Hamish H	Persistence when trading and regrouping during maths.
Sienna M	Encouraging her classmates	Tannah D	Improved confidence during class discussions
Axel H	Representing equivalent number sentences	Jye R	Focus during Literacy groups.

4/5	Details of Award	5/6	Details of Award
Andi R	Finding your inner strength to overcome challenges.	Vinnie H	Being a cooperative dedicated learner
Diezel G	Authentic commitment to achieve success.	Keira B	Being a dedicated, respectful learner
Chayce X	Accepting all learning challenges with a positive attitude	Alyssa C	Being a cooperative dedicated learner

	RFF award		RFF Award
Jac L	Trying his best in handwriting	Sienna M	Practicing her resilience in our Maths lesson.

	Principal award		Principal Award
Scarlett S	Showing initiative to keep our school clean.	Maci B	Showing initiative to keep our school clean.
Laura W	Showing initiative to keep our school clean.		

PBL Area	Name	Details of Award	PBL Area	Name	Details of Award
Respectful	Saxon B	I act thoughtfully	Responsible	Aston	I make positive choices
Kind	Sebastian K	I support others	Safe	Aloe H	I move sensibly





Lu Nickell Relieving Principal

Centenary Drive Woolgoolga 2456 Ph (02) 6654 1500 Fax (02) 6654 1936

Email: woolgoolga-h.school@det.nsw.edu.au www.woolgoolga-h.schools.nsw.edu.au

Woolgoolga High School Year 6 to 7 Key Transition Dates TERM 3

- Friday 12th August 2023 Excel class information will be available to Primary Schools.
- Wednesday 17th August Online Zoom information session for parents of students wishing to apply for the 2023 Excel class. The session will run from 6:30pm-7:30pm and a link will be available along with their Excel information booklet available from your Primary School office.
- Friday 9th September Excel applications due to Year 6 teachers.
- Saturday 15th October Super Saturday for students who have applied for the Excel class.

TERM 4

 Tuesday 29th November - Orientation Taster Day. Students will attend WHS for the day, participate in mini lessons and experience what a typical day at high school will be like.

Josie Athorn Year 7 Advisor 2023 Megan Hart Excel Class Coordinator



Coffs Harbour High School

YEAR 7 2023 ORIENTATION DAY

Tuesday 29th November 2022 9.00am – 3.10pm

- · Please ensure students come dressed in their Primary School uniform
- · Parents are responsible for getting students to and from the school
- Please ensure students bring morning tea, a drink, lunch will be provided
- Students will be escorted to the hall on arrival
- Students will engage in activities with their peer support teams and have sample lessons

Parent Information Session Thursday 17th November 2022 - 5.00pm to 6.30pm

- This is your chance to learn more about the school, our programs, structure and activities, as well as a chance to meet key staff. Afternoon tea will be provided
- Tours of the school commence at 5.00pm with the Information Session from 5.30pm in the school hall
- If parents would like to purchase uniforms or books the canteen will be open from 3.30pm to 5.30pm
- Parents will be handed an Orientation Information Pack
- 2023 Year 7 students are welcome to attend

1st day of attendance for Year 7 students Tuesday 31st January 2023

Nana Glen Public School P&C Newsletter

Canteen Roster

Term 4

Week	Date	Volunteer 1	Volunteer 2
1	Tues 11 th Oct	NO CANTEEN	
2	Tues 18 th Oct	Sarah Mc	Catriona Slade
3	Tues 25 th Oct	Sarah Mc	Kim Day
4	Tues 1 st Nov	Sarah Mc	Holly Bennett
5	Tues 8 th Nov	Sarah Mc	Daniela Jakob
6	Tues 15 th Nov	Sarah Mc	Kara Hunter
7	Tues 22 nd Nov	Sarah Mc	Catriona Slade
8	Tues 29 th Nov	Sarah Mc	
9	Tues 6 th Dec	Sarah Mc	Holly Bennett
10	Tues 13 th Dec	Sarah Mc	Kara Hunter

NANA GLEN PRIMARY SCHOOL CANTEEN MENU 2021

Sometimes foodEveryday Food

	HOT FOOD		SANDWICHES	
	Large Meat Pie	\$4.00	Fresh Bread, Toasted or Wrap	
	Small Meat Pie	\$1.20	Ham \$2.	00
	Sausage Roll	\$2.80	Chicken \$2.	00
	Dino Snacks	\$0.50	 Tuna \$2. 	00
	Sauce	\$0.30	Salmon \$2.	00
	Chicken Burger		Egg \$2.	00
	(lettuce/cheese/mayo)	\$4.00	Cheese \$2.	00
	Mini Quiche	\$1.00	Vegemite \$2.	00
•	Beef Soft Shell Taco (lettuce/tomato/cheese)	\$2.50	Ham & Cheese \$2.	50
	Beef Nachos		Ham & Tomato \$2.	50
	(Tomato/Cheese) Spaghetti Bolognese	\$3.50 \$3.50	Chicken & Lettuce \$2.	50
	Pasta & Cheese	\$2.50	Egg, Lettuce & mayo \$2.	50
	Fried Rice	\$3.00	Tuna & Lettuce \$2.	50
	Pizza Hawaiian	\$3.00	 Salmon & Lettuce \$2. 	50
	BBQ	\$0.00	Cheese & Lettuce \$2.	50
	Cheese			
	Ham & Che	ese	Ham, Cheese & Tomato \$3.	00
		•	Ham, Cheese & Salad* \$3.	00
	OPTIONS AVAILABLE	E EDOM	Chicken, Cheese & Tomato \$3.	00
(CANTEEN AT LUNCH 8		Chicken, Cheese & Salad* \$3.	00
•	Frozen Yogurt (on stick)	\$0.60	Tuna, Lettuce & Tomato \$3.	00
	Ice Block	\$0.60	Salmon, Lettuce & Mayo \$3.	
	Mini Pops	\$0.10	*Salad = Lettuce/Carrot/Tomato/Beetroo	t
	Popcorn	\$0.50		
	Mini Bites –	\$0.50	<u>DRINKS</u>	
	Plain/Chicken /Cheese		Chocolate milk \$1.	00
	Fruit cups	\$0.60	Strawberry milk Plain milk	
•	Assorted bars	\$0.50	 Apple Juice \$1. Apple/Blackcurrant Juice Orange Juice 	00
			Water \$0.	60

Responsible

Kind

Safe

Respectful



NANA GLEN PUBLIC SCHOOL

Community News

Principal: Deanie Nicholls
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COMMUNITY NEWS

Nana Glen Public School does not endorse any product or services advertised.

Advertisements will run for a maximum of five weeks unless prior arrangement with the school.



"Any thing you wear, we can do" Design & Manufacture In-House

We will be closed on Wednesday the 13th April and reopen on Tuesday the 19th April

NEW LOCATION

We are moving to 1/10 GDT Seccombe close next to Hux's Seafoods.

looking forward to seeing you at our new premises

email: slick@hot.net.au

02 66519030

NANA GLEN PUBLIC SCHOOL UNIFORM LIST AND COSTS 2022

Polo Shirts	\$26.50	Boys Shorts	\$25.00

Jumpers \$35.00 **Girls Skorts** \$25.00

Jackets \$38.00 **Hats** \$18.00

Sports Shorts \$16.00 Library Bag \$12.00

Beanies \$13.00

Our supplier for our school uniforms is Slick Sportswear and Uniforms. They are located at 1/10 Seccombe Close, Coffs Harbour NSW 2450 and there is parking on site. Their contact number is 6651 9030. Hours of operation are:

Monday – Friday 8.30am – 4.30pm

Saturday – Sunday CLOSED





Oct 2022

LDC Regional, Rural & Remote Schools E-Update

OCTOBER ARTICLE

Getting Along with Behaviourally Challenging Students

3 Tips for Teachers

Establishing and maintaining healthy relationships with students whose behaviour challenges both teachers and other students is a core strategy for the classroom management toolbox.

Here are three top tips for getting along with students whose behaviour is difficult to manage.

Create kindness and empathy

Begin each day with the assumption that this student is doing the best they can in any situation. Consider their red zone behaviours as unskilful attempts to have their needs met. Questions that may be helpful to ask yourself include; how come they learnt to behave this way? And, what context might have shaped the way this student sees the

Keep in mind that like you this student has hopes and dreams. Like you they have fears and worries. Like you they have people they care about and people who care for them. Like you they wish they could be the best version of themselves.

Tune in and be attentive

Get curious about who this person is and who they might like to become. Find out their likes and dislikes by asking the student questions, and then ask again. Look interested and adopt a friendly posture. If they respond with 'dunno' or nothing at all, it's possible they really don't know. Take this uncertainty as an opportunity to connect and find out the answer together. Keep it fun by using a friendly or playful tone of voice.

Model how to manage feelings

If you notice the student's behaviour is escalating towards the red zone, model how you would like the student to regulate their emotions. Stop, take a breathe, and observe what's happening inside and outside. Then proceed with greater flexibility in how you choose to respond.

Relationships can be repaired - if you are willing. The power of coming back to a distrustful student and taking ownership for your own behaviour by saying, 'sorry I made the wrong call there, let's try again,' will have an impact on the student (even if they don't show it straight away). Next time they make an unskillful action, listen to see if they make the same offer and be ready to receive it.

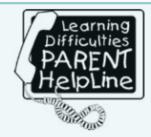
Permission granted by Jessica Cleary, Director and Psychologist, Hopscotch and Harmony: Child, Teen and Adult Psychology www.hopscotchandharmony.com.au Article written by Kate Hardiman

Have you read this article.. Two in each Australian classroom suffering developmental language disorder: https://www.abc.net.au/news/2022-08-16/two-in-each-australianclassroom-suffering/14021902

Have you seen this book...Remi in Overdrive: Staying on a Routine, Keeping Organised and Managing Impulsive Behaviours, by A Bartley, B Martin. Available from www.booktopia.com.au \$28.08. Children will laugh as they follow Remi through his whirlwind day, scrambling to find his things and stay on task.

Have you seen this on You Tube: DLD Day is Friday 14 October

https://www.youtube.com/watch?v=MU1inVSISFo&t=83s



02 9806 9960

PO Box 140 Westmead 2145 info@ldc.org.au www.ldc.org.au

Please contact the LDC office if you would like Helpline brochures/posters for your school.

MEMBERSHIP COSTS

1 year School M'ship \$55 3 year School M'ship \$150

MEMBERSHIP BENEFITS INCLUDE:

- A Quarterly Newsletter
- Fortnightly Member Updates relating to LD
- Discount on LDC resources
- Discount on entry to LDC seminars

RESOURCE HIGHLIGHT



CLASSROOM SUPPORT TOOLKIT This booklet on Classroom Support covers areas such as executive function.

working memory, adjustments, ADHD, Dyslexia and more. It contains strategies for parents, teachers and health professionals.

\$12 for LDC members \$17 for non members + P/H (see website)

See www.ldc.org.au for details

The information herein is provided on the understanding that the Learning Difficulties Coalition Helpline is NOT providing professional advice and services. The nformation herein provided is NOT to be used as a substitute for professional, medical, or clinical advice.

> Responsible Kind Safe Respectful

seatbelt they must pass this five-step test Before you move your child to an adult



against the seat with their back Sit upright



of the seat over the edge Bend their knees



mid-shoulder belt across their Sit with the sash



Sit with the lap top of their thighs belt across the



whole trip position for the Remain in this





roadsafety.transport.nsw.gov.au For more information please visit

Respectful

Responsible

Kind

Safe

ORARA VALLEY POOL

Diving back into it

Our 10 week lesson and training program starts Week 1 Term 4 2022. Lessons offered for all ages using AUSTSWIM qualified staff.

> ~ Learn to swim ~ Stroke Development ~ Squads

10 lessons for \$ 170 10 squads for \$ 140 *Includes pool entry fee First Lap and Active Kids vouchers accepted.

For Bookings PH: 0401 059 127

