

## SCHOOL NEWSLETTER

Principal: Deanie Nicholls Nana Street, NANA GLEN, NSW, 2450 Phone: 66543202 FAX: 66543549 Website: <u>www.nanaglen-p.schools.nsw.gov.au</u> Email: nanaglen-p.school@det.nsw.edu.au



## 25 October 2022

28/10 - K-2 Enrichment Day 28/10 - Book Club Due 16/11 - SRC Mufti Day and Cake Stall 16/11 – Captains Speeches 21/11 – 2/12 Intensive Swimming 24/11 - 4/5/6 surfing 25/11 - Maths Enrichment Day 1/12 – School Disco – 5:15 – 6:30pm

## Term 4 - Week 3

- 2/12 Orienteering Yrs 3-6
- 6/12 Yr5 Visit to Preschool
- 8/12 Presentation assembly 12:30 2:30pm
- 12/12 Principals Big Day Out
- 12/12 Year 6 Big Day Out /Dinner
- 14/12 Whole School Fun Day. Pool and fun at school.
- 16/12 Students Last Day

### From the Principal's desk

Giinagay; welcome to week 3. I encourage all parents to please look at the calendar above and save the date for upcoming major events. Our presentation Assembly will be during the day again this year and all parents will need to register on arrival. In 2021 we did invite the year 5 parents of new leaders to be on the school ground, but not on the assembly so that badges could be awarded to students. No Year 5 parent was present on the assembly until just before the badges were announced. As this received negative feedback from parents, we are not going to invite any year 5 parent specifically for the leader's announcement. However, all parents are welcome to the assembly. Please support your child in this situation as they hold this role in high esteem, and it can be upsetting when they are not successful. We have so many worthy upcoming leaders that this will once again be difficult.

Over the next two weeks I will be out of the school. Next week I will be in Sydney and the following week Mrs Daniel and myself will be at a conference in Queensland. Next week please refer any concerns to either Mrs Daniel or Mr Hugo and in week 5, please refer any concerns to Mr Hugo.

I encourage parents to please provide us with feedback on the Tell Them from Me Survey. It is all anonymous and your input is both appreciated and valued. Link: <a href="http://nsw.tellthemfromme.com/stv3b">http://nsw.tellthemfromme.com/stv3b</a>

As the end of year approaches, we see students get tired and their patience become short. We are presently dealing with a few incidents involving gossip. We seek support of parents in encouraging students to not get involved in this sort of behaviour as it always ends badly with hurt feeling and loss of trust in friendship relationships. We have discussed this with students and have dealt with any situation that has arisen and have encouraged all students to move forward.

**Teacher Appreciation Day** – We are recognising the great work of our teaching staff this Thursday. The theme for this year is "Hats off to Teachers". The kids are encouraged to join in on Thursday and please ask them what they need. As we are keeping it a secret from staff, you will need to ask your child. Call the office if worried.

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K-2 are heading to Ulong Public School this Friday. If you have not returned your child's note, please do so as soon as possible. This is the expectation that all students will attend as this is an annual key learning day where our students not only learn new skills, but also have a chance to connect with students at other schools in the valley. All K-2 staff will be attending this event.

It is pleasing to see that attendance is moving back on schedule now that the flu season seems to be moving on. I remind parents that if you are intending to take your child(ren) out of school for a family holiday, you must complete documentation to do so. We understand why parents do this; however, it is a requirement that all students are present at school when ever the school is operational. Occasions such as floods and disasters are exceptions. In addition, please be aware that removal from school for extended periods, is always considered an unjustified period of leave unless for medical reasons.

**Arrival early at school** - We are once again seeing numbers increase, of students arriving very early to school. There has always been the requirement that parents contact me and discuss this need. In addition, it is a parent's responsibility to walk your child into the school to ensure there is a teacher on site who is aware that your child has arrived. *Arrival before 8:30am should not occur without consultation.* Staff often do arrive early however they are not on duty until 8:50am. Our staff have started this duty 10 minutes earlier than required, to support our families and students. Staff use their time for preparation and organisation of lessons or school meetings.

Intensive Swimming is coming up very quickly. A note will be coming home this afternoon. The school is going to support parents with the cost. The total costing is \$35. **Parents are required to pay \$15 in total**, per student, with the school paying the remainder of costs for each student. This is only for the entry to the pool, and we ask that **all payments be made by Wednesday 16<sup>th</sup> November.** These payments can be made to the office or online as a POP.

Friday swimming is well underway, and we encourage parents to ensure ALL students have their gear for Fridays. Kinders can arrive with their swimmers under their school uniform, however a dry pair of underwear is essential to change into after swimming. We are seeing many items left here on Fridays. Staff hang them up to dry and can be collected on the Monday. The school is utilising our sporting grant, and school funding to support parents and have all our students gain swimming instruction in term 4.

**Year 6 Events** – There are our annual Year 6 events coming up. Please look at dates in the calendar above. Students will soon receive notes for the Principals Big Day Out and the Dinner. Please remind your child that these events are reliant on continued outstanding behaviour. Cost to the dinner will be \$10 per student. Our P&C have always supported the costing of this event.

**School Raffle** – Our major raffle is presently in process. Students have been busy selling tickets and we have our student bikes again this year for ticket sellers. If any families or organisations would like to support the school with prize donations, they are not required, But always very welcome.

We look forward to an exciting term, with many end of year events, as well as lots of learning happening. I want to really thank our staff for their outstanding work and dedication to every student in our school.

Have a great week,

Deanie Nicholls

Principal

Respectful

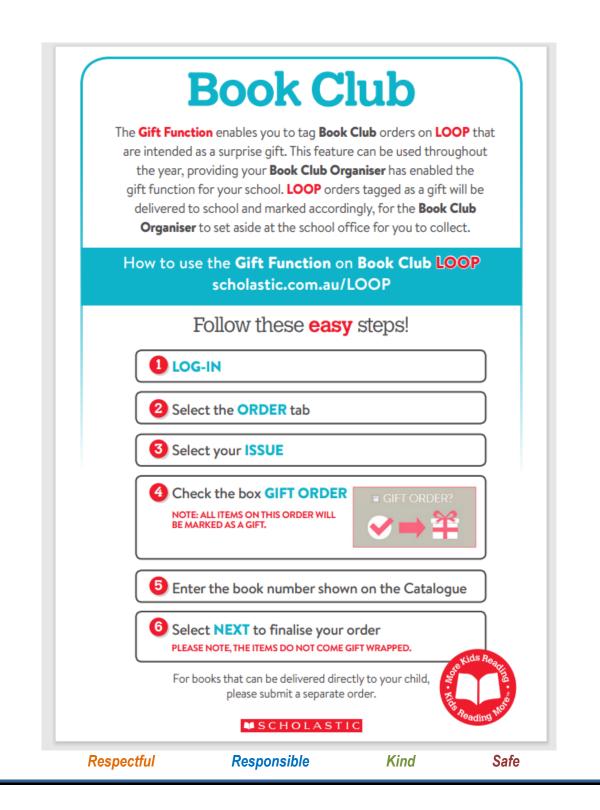
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### **Attendance Bear**

Congratulations to **Year 5/6** who have Betsy for the week and **Year 4/5** and **Year 3** who have Bear. We look forward to seeing attendance levels return to their high levels now that we are mostly over the flu season.

### **Bookclub**



## What's Happening in Year 1 and Year 2

### Year 1

If you have heard about pollution from your child over the past two weeks, it has been a big focus in our classroom this term. Students are busy investigating ways to stop pollution and create persuasive posters to help others understand causes and preventions. In Maths, we have been learning about multiplication, division and how they are related. Students had the fun task of creating arrays in the classroom with a range of objects including our chairs – a great hands-on lesson to get their math brains ready.















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#### Year 2

Year 2 have had a busy start to the term! An important change to note is Library on a Friday afternoon. An exciting new addition to their weekly timetable is digital music lessons with Mr Hugo on a Wednesday afternoon exploring different apps on their laptops and weekly swimming lessons on Friday.

Students this week have been looking at using their knowledge of numbers and operations to make decisions about how they want to solve problems. Over the last two weeks in writing students have been focusing on the topic of pollution and making links between informative and imaginative texts. This week they have written and published independent paragraphs about pollution and how to prevent it. Their final step will be creating their own informative poster to hang in the classroom.







## **Class Awards**

| К      | Details of Award                    | 1       | Details of Award                                   |
|--------|-------------------------------------|---------|--|
| Elii L | His excellent effort in Geography   | Іvy В   | Being a focused and engaged during literacy groups |
| Aloe H | Her excellent effort in Mathematics | Rubie M | Having a growth mindset during math tasks          |

| 2           | Details of Award  | 3         | Details of Award   |
|-------------|---|-----------|--|
| Scarlette O | Explaining her thinking and reasoning when solving subtraction questions. | Bridget B | Being a helpful member of Year 3.  |
| Zoe H       | Working collaboratively to write about pollution.                         | Lotus M   | Thinking deeply about a text.  |
|             |   | Cash A    | His effort in Gumbaynggirr lessons<br>and helping Mrs Reibel count to 10<br>in language. |

| 4/5       | Details of Award  | 5/6     | Details of Award                          |
|-----------|---|---------|---|
| Georgie F | Dedicating herself to complete class activities to a high standard. | Akira A | Creative writing responses.               |
| Bryce L   | Embracing the learning pit during writing lessons.                  | Sam T   | Ability to meet learning deadlines.       |
| Rush K    | Persisting with a positive mindset during math lessons.             | Jake F  | Excellent responses to Science questions. |

|          | RFF award                                     |              | RFF Award   |
|----------|---|--------------|---|
| Aria S   | Valuable contributions in Geography           | Jeddah Mc    | Always trying his best in all areas                 |
| Isobel C | Applying herself during<br>mathematics        | Delilah H    | Enthusiasm during subitising in our<br>Maths lesson |
| Tom M    | Participation in our Second Steps discussions | Jess James O | A fantastic start to his research project           |

|          | Principal award                 |         | Principal Award               |
|----------|---------------------------------|---------|-------------------------------|
| Kalani T | Her great effort during writing | Tomas S | Fabulous support and          |
|          | 5 5 5 5                         |         | encouragement to new leaders. |

| Name   | Bronze/ Silver | Name      | Bronze / Silver | Name   | Bronze / Silver |
|--------|----------------|-----------|-----------------|--------|-----------------|
| Jax M  | Bronze         | Hawkins B | Silver          | Levi O | Silver          |
| Noah C | Bronze         | Georgie F | Silver          |        |                 |

| PBL Area   | Name        | Details of Award   | PBL Area    | Name   | Details of Award        |
|------------|-------------|--------------------|-------------|--------|-------------------------|
| Respectful | Sebastian K | I act thoughtfully | Responsible | Jake F | I make positive choices |

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| PBL Area | Name         | Details of Award | PBL Area | Name   | Details of Award |
|----------|--------------|------------------|----------|--------|------------------|
| Kind     | Jeremiah R-T | I show empathy   | Safe     | Tara L | I move sensibly  |



Woolgoolga High School

Lu Nickell Relieving Principal

Centenary Drive Woolgoolga 2456 Ph (02) 6654 1500 Fax (02) 6654 1936 Email: woolgoolga-h.school@det.nsw.edu.au www.woolgoolga-h.schools.nsw.edu.au

## Woolgoolga High School Year 6 to 7 Key Transition Dates TERM 3

- Friday 12th August 2023 Excel class information will be available to Primary Schools.
- Wednesday 17th August Online Zoom information session for parents of students wishing to apply for the 2023 Excel class. The session will run from 6:30pm-7:30pm and a link will be available along with their Excel information booklet available from your Primary School office.
- Friday 9th September Excel applications due to Year 6 teachers.
- Saturday 15th October Super Saturday for students who have applied for the Excel class.

## TERM 4

 Tuesday 29th November - Orientation Taster Day. Students will attend WHS for the day, participate in mini lessons and experience what a typical day at high school will be like.

Josie Athorn Year 7 Advisor 2023 Megan Hart Excel Class Coordinator

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## **Coffs Harbour High School**

# YEAR 7 2023 ORIENTATION DAY Tuesday 29th November 2022 9.00am – 3.10pm

- Please ensure students come dressed in their Primary School uniform
- · Parents are responsible for getting students to and from the school
- Please ensure students bring morning tea, a drink, lunch will be provided
- Students will be escorted to the hall on arrival
- Students will engage in activities with their peer support teams and have sample lessons

## Parent Information Session Thursday 17th November 2022 - 5.00pm to 6.30pm

- This is your chance to learn more about the school, our programs, structure and activities, as well as a chance to meet key staff. Afternoon tea will be provided
- Tours of the school commence at 5.00pm with the Information Session from 5.30pm in the school hall
- If parents would like to purchase uniforms or books the canteen will be open from 3.30pm to 5.30pm
- Parents will be handed an Orientation Information Pack
- 2023 Year 7 students are welcome to attend

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## 1<sup>st</sup> day of attendance for Year 7 students Tuesday 31<sup>st</sup> January 2023

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# Nana Glen Public School P&C Newsletter

## **Canteen Roster**

### Term 4

| Week | Date                      | Volunteer<br>1 | Volunteer<br>2    |
|------|---------------------------|----------------|-------------------|
| 3    | Tues 25 <sup>th</sup> Oct | Sarah Mc       | Kim Day           |
| 4    | Tues 1 <sup>st</sup> Nov  | Sarah Mc       | Holly<br>Bennett  |
| 5    | Tues 8 <sup>th</sup> Nov  | Sarah Mc       | Daniela<br>Jakob  |
| 6    | Tues 15 <sup>th</sup> Nov | Sarah Mc       | Kara<br>Hunter    |
| 7    | Tues 22 <sup>nd</sup> Nov | Sarah Mc       | Catriona<br>Slade |
| 8    | Tues 29 <sup>th</sup> Nov | Sarah Mc       | Catriona<br>Slade |
| 9    | Tues 6 <sup>th</sup> Dec  | Sarah Mc       | Kara<br>Hunter    |
| 10   | Tues 13 <sup>th</sup> Dec | Sarah Mc       | Holly<br>Bennett  |

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## NANA GLEN PRIMARY SCHOOL CANTEEN MENU 2021

Sometimes food Everyday Food

### HOT FOOD

| - |   |            |        |
|---|---|------------|--------|
| • | Large Meat I                                    | Pie        | \$4.00 |
| • | Small Meat F                                    | Pie        | \$1.20 |
| • | Sausage Ro                                      | 11         | \$2.80 |
| • | Dino Snacks                                     | ;          | \$0.50 |
| • | Sauce   |            | \$0.30 |
| • | Chicken Burg                                    | ger        |        |
|   | (lettuce/chee                                   | ese/mayo)  | \$4.00 |
| • | Mini Quiche                                     |            | \$1.00 |
| • | Beef Soft Shell Taco<br>(lettuce/tomato/cheese) |            | \$2.50 |
| • | Beef Nachos<br>(Tomato/Chee                     |            | \$3.50 |
| • | Spaghetti Bo                                    | olognese   | \$3.50 |
| • | Pasta & Che                                     | ese        | \$2.50 |
| • | Fried Rice                                      |            | \$3.00 |
| • | Pizza   | Hawaiian   | \$3.00 |
|   |   | BBQ        |        |
|   |   | Cheese     |        |
|   |   | Ham & Chee | ese    |
|   |   |            |        |

#### OPTIONS AVAILABLE FROM CANTEEN AT LUNCH & RECESS

| • | Frozen Yogurt (on stick) | \$0.60 |
|---|--------------------------|--------|
| • | Ice Block                | \$0.60 |
| • | Mini Pops                | \$0.10 |
| • | Popcorn                  | \$0.50 |
| • | Mini Bites –             | \$0.50 |
|   | Plain/Chicken /Cheese    |        |
| • | Fruit cups               | \$0.60 |
| • | Assorted bars            | \$0.50 |
|   |                          |        |

#### SANDWICHES Fresh Bread, Toasted or Wrap Ham \$2.00 Chicken \$2.00 Tuna \$2.00 Salmon \$2.00 \$2.00 Egg \$2.00 Cheese Vegemite \$2.00 Ham & Cheese \$2.50 Ham & Tomato \$2.50 Chicken & Lettuce \$2.50 \$2.50 Egg, Lettuce & mayo Tuna & Lettuce \$2.50 \$2.50 Salmon & Lettuce \$2.50 Cheese & Lettuce

Ham, Cheese & Tomato \$3.00
Ham, Cheese & Salad\* \$3.00
Chicken, Cheese & Tomato \$3.00
Chicken, Cheese & Salad\* \$3.00
Chicken, Cheese & Salad\* \$3.00
Tuna, Lettuce & Tomato \$3.00
Salmon, Lettuce & Mayo \$3.00

\*Salad = Lettuce/Carrot/Tomato/Beetroot

### DRINKS

| Chocolate milk<br>Strawberry milk<br>Plain milk         | \$1.00 |
|---|--------|
| Apple Juice<br>Apple/Blackcurrant Juice<br>Orange Juice | \$1.00 |
| Water   | \$0.60 |

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NANA GLEN PUBLIC SCHOOL Community News

Principal: Deanie Nicholls Nana Street, NANA GLEN, NSW, 2450 Phone: 66543202 FAX: 66543549 Website: <u>www.nanaglen-p.schools.nsw.gov.au</u> Email: nanaglen-p.school@det.nsw.edu.au



## **COMMUNITY NEWS**

Nana Glen Public School does not endorse any product or services advertised.

Advertisements will run for a maximum of five weeks unless prior arrangement with the school.



## NANA GLEN PUBLIC SCHOOL UNIFORM LIST AND COSTS 2022

| Polo Shirts   | \$26.50 | <b>Boys Shorts</b> | \$25.00 |
|---------------|---------|--------------------|---------|
| Jumpers       | \$35.00 | Girls Skorts       | \$25.00 |
| Jackets       | \$38.00 | Hats               | \$18.00 |
| Sports Shorts | \$16.00 | Library Bag        | \$12.00 |
| Beanies       | \$13.00 |                    |         |

Our supplier for our school uniforms is Slick Sportswear and Uniforms. They are located at 1/10 Seccombe Close, Coffs Harbour NSW 2450 and there is parking on site. Their contact number is 6651 9030. Hours of operation are:

Monday – Friday 8.30am – 4.30pm Saturday – Sunday CLOSED



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## LDC Regional, Rural & Remote Schools E-Update

## OCTOBER ARTICLE

## Getting Along with Behaviourally Challenging Students

#### 3 Tips for Teachers

Establishing and maintaining healthy relationships with students whose behaviour challenges both teachers and other students is a core strategy for the classroom management toolbox.

Here are three top tips for getting along with students whose behaviour is difficult to manage.

#### Create kindness and empathy

Begin each day with the assumption that this student is doing the best they can in any situation. Consider their red zone behaviours as unskilful attempts to have their needs met. Questions that may be helpful to ask yourself include; how come they learnt to behave this way? And, what context might have shaped the way this student sees the world?

Keep in mind that like you this student has hopes and dreams. Like you they have fears and worries. Like you they have people they care about and people who care for them. Like you they wish they could be the best version of themselves.

#### Tune in and be attentive

Get curious about who this person is and who they might like to become. Find out their likes and dislikes by asking the student questions, and then ask again. Look interested and adopt a friendly posture. If they respond with 'dunno' or nothing at all, it's possible they really don't know. Take this uncertainty as an opportunity to connect and find out the answer together. Keep it fun by using a friendly or playful tone of voice.

#### Model how to manage feelings

If you notice the student's behaviour is escalating towards the red zone, model how you would like the student to regulate their emotions. Stop, take a breathe, and observe what's happening inside and outside. Then proceed with greater flexibility in how you choose to respond.

Relationships can be repaired - if you are willing. The power of coming back to a distrustful student and taking ownership for your own behaviour by saying, 'sorry I made the wrong call there, let's try again,' will have an impact on the student (even if they don't show it straight away). Next time they make an unskillful action, listen to see if they make the same offer and be ready to receive it.

Permission granted by Jessica Cleary, Director and Psychologist, Hopscotch and Harmony: Child, Teen and Adult Psychology <u>www.hopscotchandharmony.com.au</u> Article written by Kate Hardiman

Have you read this article.. Two in each Australian classroom suffering developmental

language disorder: https://www.abc.net.au/news/2022-08-16/two-in-each-australianclassroom-suffering/14021902

Have you seen this book...Remi in Overdrive: Staying on a Routine, Keeping

Organised and Managing Impulsive Behaviours, by A Bartley, B Martin. Available from

www.booktopia.com.au \$28.08. Children will laugh as they follow Remi through his whirlwind day, scrambling to find his things and stay on task.

Have you seen this on You Tube: DLD Day is Friday 14 October

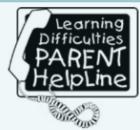
https://www.youtube.com/watch?v=MU1inVSISFo&t=83s

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The information herein is provided on the understanding that the Learning Difficulties Coalition Helpline is NOT providing professional advice and services. The information herein provided is NOT to be used as a substitute for professional, medical, or clinical advice.

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## 02 9806 9960

PO Box 140 Westmead 2145

info@ldc.org.au www.ldc.org.au

Please contact the LDC office if you would like Helpline brochures/posters for your school.

### **MEMBERSHIP COSTS**

1 year School M'ship \$55 3 year School M'ship \$150

#### MEMBERSHIP BENEFITS INCLUDE:

- A Quarterly Newsletter
- Fortnightly Member Updates relating to LD
- Discount on LDC resources
- Discount on entry to LDC seminars

### **RESOURCE HIGHLIGHT**

#### CLASSROOM SUPPORT

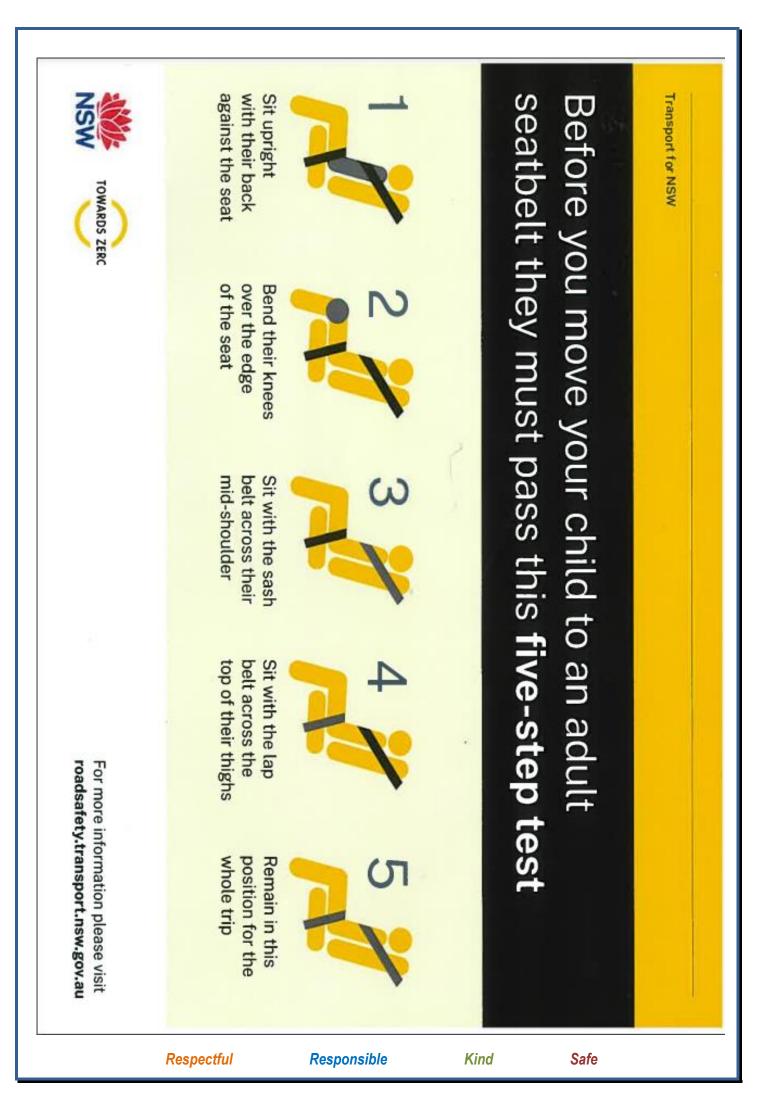


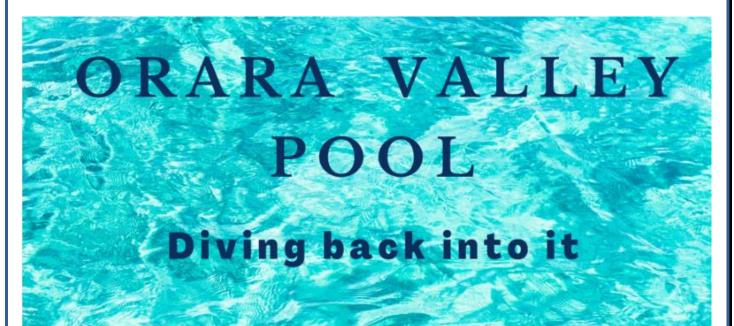
IOOLKII This booklet on Classroom Support covers areas such as executive function,

working memory, adjustments, ADHD, Dyslexia and more. It contains strategies for parents, teachers and health professionals.

\$12 for LDC members \$17 for non members + P/H (see website)







Our 10 week lesson and training program starts Week 1 Term 4 2022. Lessons offered for all ages using AUSTSWIM qualified staff.

> ~ Learn to swim ~ Stroke Development ~ Squads

10 lessons for \$ 170 10 squads for \$ 140 \*Includes pool entry fee First Lap and Active Kids vouchers accepted.

For Bookings PH: 0401 059 127



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# LIBERTY YONTH THEATRE



## OCTOBER 28th to November 6th 2022 TICKETS: From \$22.50 (exc GST) AVAILABLE FROM: www.libertystudios.com.au

LIBERTY THEATRE 6/19 Engineering Drive, Nth Boambee

## THE ADDAMS FAMILY Young@Part™ A NEW MUSICAL

Book by Marshall Brickman and Rick Elice. Music and Lyrics by Andrew Lippa. Based on Characters Created by Charles Addams Young@Part™ Edition adapted by MARC TUMMINELLI and originally workshopped at Broadway Workshop in NYC



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