



SCHOOL NEWSLETTER

Principal: Deanie Nicholls

Nana Street, NANA GLEN, NSW, 2450

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01 November 2022

Term 4 - Week 5

10/11 - SRC Mufti Day and Cake Stall

16/11 – Captains Speeches

21/11 – 2/12 Intensive Swimming

24/11 - 4/5/6 Surfing

25/11 - Maths Enrichment Day

1/12 – School Disco – 5:15pm – 6:30pm

2/12 - Orienteering Yrs 3-6

6/12 - Yr5 Visit to Preschool

8/12 - **Presentation assembly – 12:30 – 2:30pm**

12/12 - Principals Big Day Out

12/12 - Year 6 Big Day Out /Dinner

14/12 – Whole School Fun Day. Pool and fun at school.

16/12 - **Students Last Day**

From the Principal's desk

Giinagay and welcome to Week 5.

Captain Speeches – It is that time of the year again where we ask our year 5 students to decide if they are going to write and present a speech saying why they should be a Nana Glen PS school captain for 2023. We have a wonderful group of year 5 students who I know will do a great job. I wish them all the best with their speeches next Wednesday and encourage all our year 5's to give it a go and do their best. "It's up to you how far you'll go. If you don't try, you'll never know." – Merlin, The Sword in the Stone.

Cake Stall and Mufti Day – On Thursday 10/11 we will be having a cake stall and mufti day as one of our year 6 fundraisers. Students can wear school appropriate mufti clothes and bring along a gold coin donation. We will need as many donations as possible. Cakes, slices, biscuits, and other tasty treats would be greatly appreciated to make our cake stall a success. We have had great responses to these type of fundraisers in the past and I look forward to seeing what delightful treats make an appearance this time. Prices will range between 50c and \$2, so raid the couch and car to find all that loose change for the day.

Front Gate – Just informing parents there has been a need to lock the front gate during school hours for a short period of time. Please be assured that all is fine. Please call the office on arrival and a staff member will come and unlock the gate for you. The gate will remain unlocked outside of school hours so the community can still use the playground.

Cyber Safety – This term I have had the opportunity to go into classrooms and build our students capacity on technology and to further incorporate these skills into the classroom. A part of these lessons focuses on the safe use of technology. With technology ever changing and access to information being at the press of a button it is very

Respectful

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Kind

Safe

important that our student have strategies to stay safe online. For more information on how you can support your family with staying safe online there are some excellent resources on the following website; <https://education.nsw.gov.au/parents-and-carers/wellbeing/technology/cyber-safety>.

Have an excellent week,

Joshua Hugo

Relieving Assistant Principal

Attendance Bear

K – 90%	1- 85.5%	2- 91.7%	3 – 88.8%	4/5 – 90.8%	5/6 – 87.6%
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Congratulations to **Year 2** who have Betsy for the week and **Year 4/5** who have Bear. We look forward to seeing attendance levels return to their high levels now that we are mostly over the flu season.

Mid Term Review Kindergarten

Kindergarten have been busy measuring, sorting, and comparing length, area, volume, and mass using formal and informal units of measurement. They enjoyed an introduction to percussion instruments while practising ‘The Life Song’- a Gumbaynggirr Song we are learning during language lessons.



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Mid Term Review Year 1/2

Grade 1 and 2 have been researching natural and built materials during their Geography lessons. As part of this unit, they have designed and created a model of an outdoor park, using different materials that fit into the natural or man-made resource categories. There has been so much creativity and teamwork occurring during these valuable learning experiences. We hope you enjoy the photos of our work so far.



Mid Term Review Year 3

We are halfway there! Year 3 have been busy bees and the garden is almost completed. We have been working on this project during our Science lessons and we are excited to see it finished.



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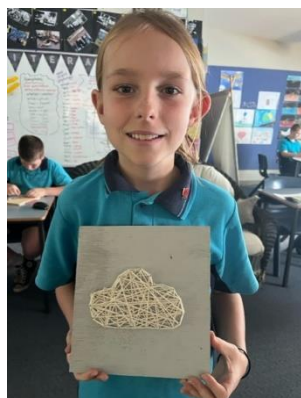
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Mr Hugo has been joining us this term and helping to develop our ICT skills. We are learning to be cybersafe and that not everything on the internet is true. We have used photo editing software to place ourselves into different environments from around the world without even leaving the classroom.



Mid Term Review Year 4/5

Year 4/5 have been exploring some diverse learning experiences including real life maths problems, developing unique characters using personification of everyday objects, completing Genius Hour projects, and experimenting with new artistic mediums to create a magnificent string artwork.



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Mid Term Review Year 5/6

Our Science unit on animal and plant adaptations has a cooperative learning focus, as shown in the photo where research information was collaboratively added to a class mindmap.



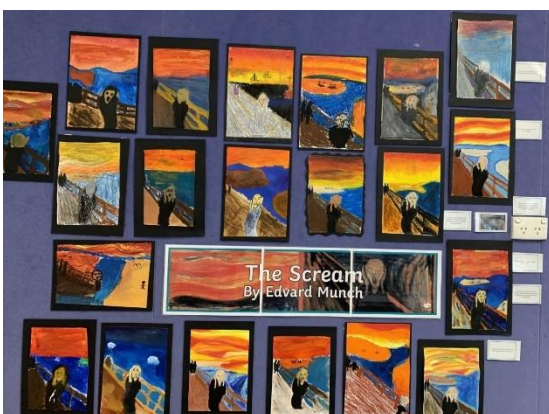
We were super proud to have Betsy in our classroom celebrating our best attendance results this year. Our class had Betsy visit our room more in Term 4 than for the whole of this year!



We have all enjoyed our weekly visits to the pool for swimming lessons.



During a Halloween focus our inner artist was discovered when we learnt about and recreated "The Scream" by Edvard Munch.



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BOOK MUSTER

for

End of Year Wrap Up

Students and families are asked to find those library books in their reading kits, on book shelves and in toy boxes and **RETURN THEM TO OUR SCHOOL LIBRARY!**



Made with PosterMyWall.com

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Class Awards

K	Details of Award	1	Details of Award
Aston M	For his cooperative group work in Mathematics	Max S	His enthusiasm during maths
Isobel C	For her persistence with writing tasks	Maddi C	Applying herself to her work during writing

2	Details of Award	3	Details of Award
Chloe H	Using criteria to improve her sentences.	Evie L	Extending her mathematical thinking during number talks.
Delilah H	Great number sentence solutions.	Baylen M	Enthusiasm in drama lessons.
		Ryder W	His application to writing.

4/5	Details of Award	5/6	Details of Award
Archie F	Being a times tables champion.	Caleb M	Creativity in Writing
Samantha H	Carefully planning your string art creation.	Josie M	Persistence and creativity in Art
Marley M	Promptly answering a variety of maths problems.	Neviah N	Creativity in Art and Writing.

	RFF award		RFF Award
Hendrix B	Contribution and efforts in Geography	Vinnie H	Participation in CAPA
Sunnie K	Her contribution to creating her scale park	Georgie F	A fantastic start to her geography assignment

PBL Area	Name	Details of Award	PBL Area	Name	Details of Award
Respectful	Josie M	I act thoughtfully	Responsible	Sebastian K	I make positive choices
Kind	Madison M	I support others	Safe	Aston M	I move sensibly

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Woolgoolga High School

Lu Nickell
Relieving Principal

Centenary Drive
Woolgoolga 2456
Ph (02) 6654 1500
Fax (02) 6654 1936

Email: woolgoolga-h.school@det.nsw.edu.au
www.woolgoolga-h.schools.nsw.edu.au

Woolgoolga High School Year 6 to 7 Key Transition Dates

TERM 3

- **Friday 12th August** - 2023 Excel class information will be available to Primary Schools.
- **Wednesday 17th August** - Online Zoom information session for parents of students wishing to apply for the 2023 Excel class. The session will run from 6:30pm-7:30pm and a link will be available along with their Excel information booklet available from your Primary School office.
- **Friday 9th September** - Excel applications due to Year 6 teachers.
- **Saturday 15th October** - Super Saturday for students who have applied for the Excel class.

TERM 4

- **Tuesday 29th November** - Orientation Taster Day. Students will attend WHS for the day, participate in mini lessons and experience what a typical day at high school will be like.

Josie Athorn
Year 7 Advisor 2023

Megan Hart
Excel Class Coordinator



Coffs Harbour High School

YEAR 7 2023

ORIENTATION DAY

Tuesday 29th November 2022

9.00am – 3.10pm

- Please ensure students come dressed in their Primary School uniform
- Parents are responsible for getting students to and from the school
- Please ensure students bring morning tea, a drink, lunch will be provided
- Students will be escorted to the hall on arrival
- Students will engage in activities with their peer support teams and have sample lessons

Parent Information Session

Thursday 17th November 2022 - 5.00pm to 6.30pm

- This is your chance to learn more about the school, our programs, structure and activities, as well as a chance to meet key staff. Afternoon tea will be provided
- Tours of the school commence at 5.00pm with the Information Session from 5.30pm in the school hall
- If parents would like to purchase uniforms or books the canteen will be open from 3.30pm to 5.30pm
- Parents will be handed an Orientation Information Pack
- 2023 Year 7 students are welcome to attend

**1st day of attendance for Year 7 students
Tuesday 31st January 2023**

Nana Glen Public School

P&C Newsletter

Canteen Roster

Term 4

Week	Date	Volunteer 1	Volunteer 2
5	Tues 8 th Nov	Sarah Mc	Daniela Jakob
6	Tues 15 th Nov	Sarah Mc	Kara Hunter
7	Tues 22 nd Nov	Sarah Mc	Catriona Slade
8	Tues 29 th Nov	Sarah Mc	Catriona Slade
9	Tues 6 th Dec	Sarah Mc	Kara Hunter
10	Tues 13 th Dec	Sarah Mc	Holly Bennett

NANA GLEN PRIMARY SCHOOL CANTEEN MENU 2021

● Sometimes food ● Everyday Food

HOT FOOD

●	Large Meat Pie	\$4.00
●	Small Meat Pie	\$1.20
●	Sausage Roll	\$2.80
●	Dino Snacks	\$0.50
●	Sauce	\$0.30
●	Chicken Burger (lettuce/cheese/mayo)	\$4.00
●	Mini Quiche	\$1.00
●	Beef Soft Shell Taco (lettuce/tomato/cheese)	\$2.50
●	Beef Nachos (Tomato/Cheese)	\$3.50
●	Spaghetti Bolognese	\$3.50
●	Pasta & Cheese	\$2.50
●	Fried Rice	\$3.00
●	Pizza	\$3.00
	Hawaiian	
	BBQ	
	Cheese	
	Ham & Cheese	

OPTIONS AVAILABLE FROM CANTEEN AT LUNCH & RECESS

●	Frozen Yogurt (on stick)	\$0.60
●	Ice Block	\$0.60
●	Mini Pops	\$0.10
●	Popcorn	\$0.50
●	Mini Bites – Plain/Chicken /Cheese	\$0.50
●	Fruit cups	\$0.60
●	Assorted bars	\$0.50

SANDWICHES

Fresh Bread, Toasted or Wrap

●	Ham	\$2.00
●	Chicken	\$2.00
●	Tuna	\$2.00
●	Salmon	\$2.00
●	Egg	\$2.00
●	Cheese	\$2.00
●	Vegete	\$2.00
●	Ham & Cheese	\$2.50
●	Ham & Tomato	\$2.50
●	Chicken & Lettuce	\$2.50
●	Egg, Lettuce & mayo	\$2.50
●	Tuna & Lettuce	\$2.50
●	Salmon & Lettuce	\$2.50
●	Cheese & Lettuce	\$2.50
●	Ham, Cheese & Tomato	\$3.00
●	Ham, Cheese & Salad*	\$3.00
●	Chicken, Cheese & Tomato	\$3.00
●	Chicken, Cheese & Salad*	\$3.00
●	Tuna, Lettuce & Tomato	\$3.00
●	Salmon, Lettuce & Mayo	\$3.00

*Salad = Lettuce/Carrot/Tomato/Beetroot

DRINKS

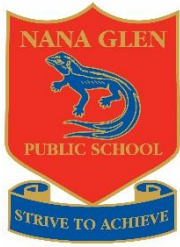
●	Chocolate milk Strawberry milk Plain milk	\$1.00
●	Apple Juice Apple/Blackcurrant Juice Orange Juice	\$1.00
●	Water	\$0.60

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NANA GLEN
PUBLIC SCHOOL
Community News

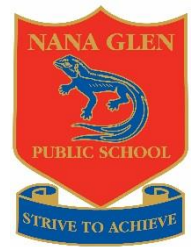
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COMMUNITY NEWS

Nana Glen Public School does not endorse any product or services advertised.

Advertisements will run for a maximum of five weeks unless prior arrangement with the school.

Slick

SPORTSWEAR
UNIFORMS
&
EMBROIDERY

"Any thing you wear, we can do"

Design & Manufacture In-House

We will be closed on Wednesday the 13th April
and reopen on Tuesday the 19th April

NEW LOCATION

We are moving to 1/10 GDT Seccombe close next to
Hux's Seafoods.

looking forward to seeing you at our new premises

email: slick@hotmail.com

02 66519030

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NANA GLEN PUBLIC SCHOOL UNIFORM LIST AND COSTS 2022

Polo Shirts	\$26.50	Boys Shorts	\$25.00
Jumpers	\$35.00	Girls Skorts	\$25.00
Jackets	\$38.00	Hats	\$18.00
Sports Shorts	\$16.00	Library Bag	\$12.00
Beanies	\$13.00		

Our supplier for our school uniforms is Slick Sportswear and Uniforms. They are located at 1/10 Secombe Close, Coffs Harbour NSW 2450 and there is parking on site. Their contact number is 6651 9030. Hours of operation are:

Monday – Friday **8.30am – 4.30pm**
Saturday – Sunday **CLOSED**



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**Learning
Difficulties
Coalition** NSW Inc.

Oct
2022

LDC Regional, Rural & Remote Schools E-Update

OCTOBER ARTICLE

Getting Along with Behaviourally Challenging Students

3 Tips for Teachers

Establishing and maintaining healthy relationships with students whose behaviour challenges both teachers and other students is a core strategy for the classroom management toolbox.

Here are three top tips for getting along with students whose behaviour is difficult to manage.

Create kindness and empathy

Begin each day with the assumption that this student is doing the best they can in any situation. Consider their red zone behaviours as unskilful attempts to have their needs met. Questions that may be helpful to ask yourself include; how come they learnt to behave this way? And, what context might have shaped the way this student sees the world?

Keep in mind that like you this student has hopes and dreams. Like you they have fears and worries. Like you they have people they care about and people who care for them. Like you they wish they could be the best version of themselves.

Tune in and be attentive

Get curious about who this person is and who they might like to become. Find out their likes and dislikes by asking the student questions, and then ask again. Look interested and adopt a friendly posture. If they respond with 'dunno' or nothing at all, it's possible they really don't know. Take this uncertainty as an opportunity to connect and find out the answer together. Keep it fun by using a friendly or playful tone of voice.

Model how to manage feelings

If you notice the student's behaviour is escalating towards the red zone, model how you would like the student to regulate their emotions. Stop, take a breathe, and observe what's happening inside and outside. Then proceed with greater flexibility in how you choose to respond.

Relationships can be repaired - if you are willing. The power of coming back to a distrustful student and taking ownership for your own behaviour by saying, 'sorry I made the wrong call there, let's try again,' will have an impact on the student (even if they don't show it straight away). Next time they make an unskillful action, listen to see if they make the same offer and be ready to receive it.

Permission granted by Jessica Cleary, Director and Psychologist, Hopscotch and Harmony: Child, Teen and Adult Psychology www.hopscotchandharmony.com.au Article written by Kate Hardiman

Have you read this article... Two in each Australian classroom suffering developmental language disorder: <https://www.abc.net.au/news/2022-08-16/two-in-each-australian-classroom-suffering/14021902>

Have you seen this book... *Remi in Overdrive: Staying on a Routine, Keeping*

Organised and Managing Impulsive Behaviours, by A Bartley, B Martin. Available from www.booktopia.com.au \$28.08. Children will laugh as they follow Remi through his whirlwind day, scrambling to find his things and stay on task.

Have you seen this on You Tube: DLD Day is Friday 14 October

<https://www.youtube.com/watch?v=MU1inVSISFo&t=83s>



02 9806 9960

PO Box 140 Westmead 2145

info@ldc.org.au

www.ldc.org.au

Please contact the LDC office if you would like Helpline brochures/posters for your school.

MEMBERSHIP COSTS

1 year School M'ship \$55
3 year School M'ship \$150

MEMBERSHIP BENEFITS INCLUDE:

- A Quarterly Newsletter
- Fortnightly Member Updates relating to LD
- Discount on LDC resources
- Discount on entry to LDC seminars

RESOURCE HIGHLIGHT



CLASSROOM SUPPORT TOOLKIT

This booklet on **Classroom Support** covers areas such as executive function,

working memory, adjustments, ADHD, Dyslexia and more. It contains strategies for parents, teachers and health professionals.

\$12 for LDC members

\$17 for non members

+ P/H (see website)

See www.ldc.org.au for details

The information herein is provided on the understanding that the Learning Difficulties Coalition Helpline is NOT providing professional advice and services. The information herein provided is NOT to be used as a substitute for professional, medical, or clinical advice.

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Before you move your child to an adult seatbelt they must pass this **five-step test**



Sit upright with their back against the seat



Bend their knees over the edge of the seat



Sit with the sash belt across their mid-shoulder



Sit with the lap belt across the top of their thighs



Remain in this position for the whole trip

ORARA VALLEY POOL

Diving back into it

Our 10 week lesson and training program starts
Week 1 Term 4 2022. Lessons offered for all
ages using AUSTSWIM qualified staff.

- ~ Learn to swim
- ~ Stroke Development
- ~ Squads

10 lessons for \$ 170

10 squads for \$ 140

*Includes pool entry fee

First Lap and Active Kids vouchers accepted.

For Bookings PH: 0401 059 127



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