

SCHOOL NEWSLETTER

Principal: Deanie Nicholls

Nana Street, NANA GLEN, NSW, 2450 Phone: 66543202 FAX: 66543549

Website: www.nanaglen-p.schools.nsw.gov.au
Email: nanaglen-p.school@det.nsw.edu.au



17 May 2022

Term 2 - Week 4

20/05/2022 MNC Cross Country 28/05/2022 Fathering Project Surfing Day

20/05/2022 Walk Safely to School Day 13/06/2022 Public Holiday

23/05/2022 Water Wise

25/05/2022 National Simultaneous Story Telling

11am

From the Principal's desk

Giinagay; welcome to week 4. It has been wonderful to see the sun shining today. Our new library is just about operational and hopefully students can borrow next week. Start searching for those library bags and dust them off in preparation. Thank you to all the staff who have worked in their own time to get this room ready to go.

Good luck to our students who are travelling to Grafton this Friday to the MNC Cross Country. Mr Chapman is attending as the Valley Schools representative. Please understand that when we send teachers to these events, the expectation is for them to take on a role working at the event. As parents drive children to these events, we also rely on parents to ensure that students are listening to announcements. Have fun kids and do your very best.

This Friday is Walk Safe to School Day. As many of our students catch a bus, Mrs Daniel has organised for every class to go for a walk to the new Nana Glen playground, focusing on road safety and being aware in our community. Notes went home yesterday, and need to be returned, no later than Thursday.

Our students completed their NAPLAN assessments last week with no fuss. All computers worked well, and any hiccups were solved, and students went on. Any students who missed assessments last week are catching up this week, where possible. Great work kids and thank you to Mr Hugo for your great work to ensure this ran smoothly. Canteen is operating every Tuesday and is lovely to have this service available again. It is also lovely to see our mums in the school again.

Our Fathering Project, Surfing Day is coming up on the 28th May. This is a free event and notes have gone home again last week. Please return these notes to the school if you are interested in participating. A huge thanks to Lindsay M who co-ordinates these events with the support of Mr Hugo and Mr Mitchell. These events assisted in keeping families connected during many lockdowns and are a great way to connect with your children and other dads and their kids in our community. The Monday night men's fitness groups are a popular event and many dads in our community are involved. Talk to Lindsay or come along Monday nights at 6pm.

Have a great week, Yaari Yaarrang.

Deanie Nicholls

Principal

Term 2 Fundraiser

This term we are having 3 hampers to raffle to our community. Tickets went home last week. Staff have already brought in many items for these hampers, and we are asking if families could donate a non-perishable item, with a current use-by date, into the office. If we get more items than needed, we will make another hamper. Donations to assist this community fundraiser are greatly appreciated as they support families in our community.

Attendance Bear

K -93.3%	1- 86.3%	2- 87.1%	3 -84%	4/5 –77%	5/6 –90%

Congratulations to Kinder who have Betsy for the week and Year 5/6 who have Bear. Attendance is a premier's improvement goal and at NGPS we encourage students to attend every day. Our goal this term is to reduce partial attendance levels. Please refer to your child's attendance report for the loss of learning time due to partial attendance. The school is happy to support parents in working to improve this area and encourage anyone to make contact with the school.

What's Happening in Year 3

It has been busy, busy, busy in Year 3. Students were all smiles at our school athletics carnival. Their sportsmanship shone through the rain with many students moving on to the next level. Congratulations to those students from Year 3, who recently participated in the district cross country at Woolgoolga.

Last week Year 3 completed their NAPLAN assessments. I commend them all on their attitude towards their learning and their growing resilience. Well done to everyone.





Class Awards

K	Details of Award	1	Details of Award
Tara L	Excellent work in guided writing.	Sunnie K	Amazing effort in her writing tasks.
Isobel C	Excellent work in guided writing.	Rowan M	Fantastic work with phonic sound boxes.

2	Details of Award	3	Details of Award
Chloe H	Her application to her quarter turns activity during numeracy groups.	Baylen M	His contribution to science discussions.
Haylen G	His contributions to class discussion. Great answers!	Billie S	Having a growth mindset.
		Cash A	Solving number patterns and explaining his thinking.

4/5	Details of Award	5/6	Details of Award
Charlie L	Extending your Genius Hour ideas.	Maci B	Her learner resilience in maths.
Jaxson R	Persisting with your counting up to 100.	Francis H	His efforts during brainstorming sessions.
Samantha H	Extending your Genius Hour ideas.	Caleb M	Being a positive role model.

Name	Bronze/ Silver	Name	Bronze / Silver	Name	Bronze / Silver
Hawkins B	Bronze				

PBL Area	Name	Details of Award	PBL Area	Name	Details of Award
Respectful		I listen attentively	Kind	Jaxon N	I value my community
Safe	Jaxon N	I move sensibly	Responsible	Eva P	I make positive choices

PBL Area	Name	Details of Award	PBL Area	Name	Details of Award
Respectful	Lilli M	I act thoughtfully	Kind	Jaxson R	I support others
Safe	Aria S	I care for myself and others	Responsible	Jasmine H	I make positive choices

Nana Glen Public School P&C Newsletter

Canteen Roster

Day	Date	Helper 1	Helper 2
Tuesday	24 th May	Chrissie R	Daniella Jakob
Tuesday	31 st May	Sarah Mc	Kara Galvin
Tuesday	7 th June	Chrissie R	Nicolle Fielding
Tuesday	14 th June	Sarah Mc	Kath Armstrong
Tuesday	21 st June	Chrissie R	Catriona Slade
Tuesday	28 th June	Chrissie R	Sarah Mc
	Fun Food Tuesday 😊		

We are very excited to be able to say our canteen will be operating Term 2!!

We will endeavour to have a roster prepared for Term, 3 by mid Term 2.

If you are rostered on a date that does not suit, please ensure you swap a day with someone or contact Sarah, Chrissie, or the school office. There are people available to do a day here and there if needed.

The last canteen day of each term will be a 'Fun Food Tuesday' a note will come home from school with order form.

NANA GLEN PRIMARY SCHOOL CANTEEN MENU 2021

Sometimes foodEveryday Food

<u>HOT FOOD</u>			SANDWICHES	
	Large Meat Pie	\$4.00	Fresh Bread, Toasted or Wrap	
	Small Meat Pie	\$1.20	Ham \$2.	00
	Sausage Roll	\$2.80	Chicken \$2.	00
	Dino Snacks	\$0.50	● Tuna \$2.	00
	Sauce	\$0.30	Salmon \$2.	00
	Chicken Burger		Egg \$2.	00
	(lettuce/cheese/mayo)	\$4.00	Cheese \$2.	00
	Mini Quiche	\$1.00	Vegemite \$2.	00
•	Beef Soft Shell Taco (lettuce/tomato/cheese)	\$2.50	Ham & Cheese \$2.	50
	Beef Nachos		Ham & Tomato \$2.	50
	(Tomato/Cheese) Spaghetti Bolognese	\$3.50 \$3.50	Chicken & Lettuce \$2.	50
	Pasta & Cheese	\$2.50	Egg, Lettuce & mayo \$2.	50
	Fried Rice	\$3.00	Tuna & Lettuce \$2.	\$2.50
	Pizza Hawaiian	\$3.00	 Salmon & Lettuce \$2. 	50
	BBQ	\$0.00	Cheese & Lettuce \$2.	50
Cheese				
	Ham & Che	ese	Ham, Cheese & Tomato \$3.	00
		•	Ham, Cheese & Salad* \$3.	00
	OPTIONS AVAILABLE	E EDOM	Chicken, Cheese & Tomato \$3.	00
(CANTEEN AT LUNCH 8		Chicken, Cheese & Salad* \$3.	00
•	Frozen Yogurt (on stick)	\$0.60	Tuna, Lettuce & Tomato \$3.	00
	Ice Block	\$0.60	Salmon, Lettuce & Mayo \$3.	
	Mini Pops	\$0.10	*Salad = Lettuce/Carrot/Tomato/Beetroo	t
	Popcorn	\$0.50		
	Mini Bites –	\$0.50	<u>DRINKS</u>	
	Plain/Chicken /Cheese		Chocolate milk \$1.	00
	Fruit cups	\$0.60	Strawberry milk Plain milk	
•	Assorted bars	\$0.50	 Apple Juice \$1. Apple/Blackcurrant Juice Orange Juice 	00
			Water \$0.	60

Responsible

Kind

Safe

Respectful



NANA GLEN PUBLIC SCHOOL

Community News

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COMMUNITY NEWS

Nana Glen Public School does not endorse any product or services advertised.

Advertisements will run for a maximum of five weeks unless prior arrangement with the school.



"Any thing you wear, we can do" Design & Manufacture In-House

We will be closed on Wednesday the 13th April and reopen on Tuesday the 19th April

NEW LOCATION

We are moving to 1/10 GDT Seccombe close next to Hux's Seafoods.

looking forward to seeing you at our new premises

email: slick@hot.net.au

02 66519030



May

LDC Regional, Rural & Remote Schools E-Update

MAY ARTICLE

Autism: 8 Key Strategies for Setting Up For Success

If you have a student on the autism spectrum no matter what age there are a few KEY strategies that will make a huge difference and set both you and the student up for success: S.P.E.C.T.R.U.M.

Schedules Have a visual timetable up in the classroom. If there is going to be a change, let the student know in advance and indicate on the timetable/schedule.

Processing Time Allow them time to process information (both verbal and visual) before you repeat instructions, questions or take away visual information.

sEt up for Success Most students on the spectrum have a huge fear of failure and this can be seen as "perfectionism", "constant rubbing out/crossing out work" or "doing NO work". Discuss the importance of making mistakes. Talking about mistakes = learning, and encouraging ALL students to have a go, will help reduce anxiety. Role model making mistakes on the board, show students work that isn't "perfect", not the neatest, has crossed out work and incorrect answers will reinforce you are happy with mistakes.

Communication Limit instructions, use monotone voice, name at start of sentence, remember they are literal. Instead of saying "Can you sit down", say "Jack sit on the green chair". Instead of "Do you want to join the class", say "Jack come and sit next to me", etc. If you raise your voice this can cause a sensory meltdown and most students on the spectrum can't process high frequency sounds.

Timeframes Schedules and timers tell the child HOW LONG and WHEN they are going to have to do an activity. Timers allow us to pre-warn the child. They help answer many of the questions these children have: What is happening? What order? What time? What is next? How long?

Repeat Activities Most people with ASD love repetition, whether it is a DVD, movement, conversation or activity. Giving students repetitive routines and activities helps reduce stress as they know what to expect. Repeating activities allows success, builds independence and increases confidence

Understanding Most students on the spectrum are VISUAL learners. Sometimes they can repeat exactly what you said but do not understand. The more visuals you use, the higher the understanding.

Motivate/Reward Use their "favourite" activities to motivate them. It is best to use lots of short rewards rather than waiting a whole day. I have found the most effective is a quick activity, then quick reward. For example: 30 minutes work, 5 minutes building, rather than work all day = 20 minutes building.

Article reprinted with permission by the author: Sue Larkey www.suelarkey.com.au Listen to Sue share these tips and more on Podcast Episode 142. Available to listen on all Platforms: https://suelarkey.com.au/setting-up-your-classroom-for-success-2022/

Have you read this article.. How changing attitudes to fidgeting are helping neurodiverse children succeed at school: https://www.abc.net.au/everyday/adhd-neurodiverse-fidgetingevidence-helps-focus-attention/100934054

Have you seen this book... Lonely Kids in a Connected World: What Teachers Can Do, by K M Fad, D Campos. Available from www.silvereye.com.au \$69.95 This comprehensive look at childhood loneliness provides research-based intervention strategies.

Have you seen this on You Tube: People with disability facing huge barriers to workforce https://www.youtube.com/watch?v=xfsEtM8tCks



02 9806 9960

PO Box 140 Westmead 2145 info@ldc.ora.au www.ldc.org.au

Please contact the LDC office if you would like Helpline brochures/posters for your school.

MEMBERSHIP COSTS

1 year School M'ship \$55 3 year School M'ship \$150

MEMBERSHIP BENEFITS INCLUDE:

- A Quarterly Newsletter
- Fortnightly Member Updates relating to LD
- Discount on LDC resources
- Discount on entry to LDC seminars

RESOURCE HIGHLIGHT



READING AND WRITING DIFFICULTIES TOOLKIT

This booklet covers areas such as reading, exam provisions,

dyslexia, dysgraphia, fluency and more. It includes strategies for parents, teachers and health professionals.

\$12 for LDC members \$17 for non members + P/H (see website)

See <u>www.ldc.org.au</u> for details

The information herein is provided on the understanding that the Learning Difficulties Coalition Helpline is NOT providing professional advice and services. The information herein provided is NOT to be used as a substitute for professional, medical, or clinical advice.



ACTIVE KIDS ARE SMARTER KIDS



FRIDAY 20 MAY 2022

A challenge to all Australian Primary Schools and Councils

National Walk Safety to School Day (WSTSD) is on Friday 20 May 2022. Now in its 23rd year, the annual campaign encourages all primary school children, their parents and carers to walk safety and regularly to school.

The event seeks to promote road safety, health, public transport and the environment.

Australian children are becoming less active. One substantial contributor is the decline in walking and/or taking public transport to school. Children who are regularly physically active are healthler, perform better academically and are less likely to be obese or overweight. Sedentary behaviour can lead to long-term and costly risks of illnesses such as heart disease and diabetes.

Walking regularly is the best exercise because you can build it into your daily routine







The objectives of National Walk Safely to School Day are:

- . To encourage parents and carers to walk regularly with their children, all or part of the way to school
- To promote the health benefits of walking and create regular walking habits
- . To help children develop vital road crossing skills and ensure children up to the age of 10 years hold an adult's hand when crossing the road
- To reduce car dependency and traffic congestion, especially around schools
- · To reduce the level of air pollution created by motor vehicles
- To promote the use of public transport

How to participate (detailed information is at walk.com.au):

Enclosed is the WSTSD kit which contains tattoos and posters for school and council noticeboards. We ask that every student wears a tattoo on the day to help promote this important community event. Other ideas include:

- · Use the teachers' Tool-Kit and publish WSTSD information in your school's newsletter
- . Display the poster on your noticeboard and around school (print more from our website)
- · Print and colour in the online poster
- · Ask your P&C, local council and police to help promote and support the campaign and event
- Host a Healthy Breakfast (ask your P&C, council and local supermarket / grocery store to sponsor a breakfast at your school)
- · Tell your parents, friends, carers, teachers and local businesses about the event
- · If you can't walk all the way, combine a walk with public transport
- If you must use the car, try leaving it a good distance from the school and walk the rest of the way
- · Register your school as a WSTSD Ambassador and assist with publicity

Thank you for your support and participation.

Pedestrian Council of Australia

Until they're ten, children must always hold an adult's hand when crossing the road

WALK.COM.AU









#WSTSD



SUPPORTED BY THE AUSTRALIAN GOVERNMENT AND ALL STATE, TERRITORY AND LOCAL GOVERNMENTS



Create and Connect is an art and craft camp that gives girls an opportunity to create awesome art and craft and connect with God and others.

This year we will be making original felt blankets, decorating bags, creating smash books, making friendship bracelets, embroidery crafts and more! We will have a bonfire, play games and have lots of fun in a beautiful location in the bush where girls will stay in dormitories and eat plenty of delicious food!

WHO:

For girls in Yrs 5-9

WHEN:

July 29th - 31st

WHERE:

Camp Eagle Eye, Glenreagh

COST:

\$160pp





FOR MORE INFO & TO REGISTER